



St. Peter's Church of England Primary School

PE CURRICULUM STATEMENT

Introduction

At St. Peter's, PE forms part of our enchanting curriculum and benefits from subject-specific teaching throughout key stage 1 and key stage 2. A range of PE skills are taught every term and applied to game situations.

Experiencing high-quality physical education at St. Peter's **opens doors** to a wide range of sports and physical activities beyond school which will stay with learners for the rest of their lives. Pupils are supported to develop the fundamental movements required to become physically confident adults; able to find enjoyment and fulfilment through a broad range of sports and physical activities which lead to living healthy and active lives.

Curriculum Vision

A St. Peter's athlete gives everything a go. They have the courage to step outside their comfort zone and rise to every challenge they are presented with. They have enthusiasm and passion for PE and Sport and participate fully in the wide range of experiences offered to them. They are inspired to realise their possibilities and develop a lifelong love of participating in physical activity and sport.

A St. Peter's athlete understands that perseverance and determination leads to improvement, no matter what the starting point. They experience high-quality instruction, which is inclusive and supports all to develop the fundamental movement skills of agility, balance and coordination, enabling all to become proficient in applying these skills to a broad range of sports and situations. Through learning PE in this way, a St. Peter's athlete is physically confident and has the ability to sustain physical activity for long periods of time. They recognise the important role which exercise and sport plays in good physical and mental health and value their learning in PE as a result.

Learners achieve, improve and compete against themselves and others during their time at St. Peter's and as a result they experience success and setbacks, seeing the later as an opportunity for learning and improvement; building character and embedding our core values of respect, friendship, courage, perseverance, compassion and thankfulness on our quest to lead a healthy and active lives.

Provision, Planning and Delivery

Our Provision

We enact our vision for PE through:

- Ensuring our curriculum includes opportunities to develop the fundamental movement skills, become increasingly competent and confident, and have the knowledge to apply these to a broad range of sports and situations.
- Ensuring our curriculum provides high quality lessons that enable our learners to achieve, improve and compete against themselves and others.
- Designing the curriculum so that key skills are regularly revisited to ensure a depth of knowledge.
- Designing specific elements of the curriculum to ensure pupils have the opportunities to have fun, experience success and respond positively to failure and challenge.
- Providing opportunities to build and develop character.
- Providing opportunities for our learners to become physically confident and be physically active for sustained periods of time.
- Teaching PE in mixed ability groups.
- Embedding our school values into each lesson, giving pupils the opportunity to live out these out.
- Promoting and providing children with the knowledge and skills to develop a life-long love of sport and lead a healthy, active lifestyle.

- Promoting the benefits of physical activity on learners' physical and mental health.
- Designing curriculum and extra-curricular opportunities for all learners to represent the school and compete against others.
- Utilising the skills of our teachers to ensure learners receive the highest-quality PE lessons across all disciplines.
- Providing regular opportunities for pupils to evaluate their own and others' work and make suggestions as to how to make improvements.

Planning

Compliance with the PE long term plan ensures that learners access a broad and balanced curriculum throughout their time at St. Peter's. The curriculum provides opportunities to develop learners' skills across a range of core areas – dance, gymnastics, games, athletics, OAA and swimming. There are also opportunities to revisit and build upon their skills in each age phase, including developing their fundamental movement skills and their application to game situations.

PE is taught in both key stages using a mastery approach to develop the key skills of this subject. For every unit a clear set of skills are defined, and how these skills can be applied, resulting in learners achieving a depth of understanding and acquisition of skills. Planning outlines the key aspects of a lesson, including a warm-up, teaching of skills, application of skills and a cool down. Learners are encouraged to be physically active during all lessons for sustained periods of time and teachers may use the STEP approach to adapt learning for individuals. Key vocabulary is also outlined and learners are encouraged to use this when discussing their own and others' performances. There are opportunities throughout each unit for our learners to be competitive and challenge themselves.

Delivery

The PE curriculum in Key Stage 1 and 2 is delivered every week during a discrete afternoon of PE lessons. To enable pupils to be immersed in their learning, lessons are organised into half-termly blocks with 2 lessons per week, with a minimum of 12 hours per term dedicated to a specific area of the PE curriculum. Learners also attend swimming lessons at a local swimming pool for a minimum of one term during Key Stage 2.

Progression



To ensure progression in PE, our curriculum is organised to progressively deepen learners understanding of the **keys** to PE. These are:

- Athletics
- Dance
- Games
- Gymnastics
- Outdoor Adventurous Activities (Key Stage 2 Only)
- Swimming (Key Stage 2 Only)
- Health and Fitness
- Safety

Each of these keys are taught every year in order to ensure progression at every stage and to allow for keys to be studied in depth at an appropriate level year on year. See PE Key Progression Document for more information.

Assessment, Recording and Reporting

Assessment

Teachers assess children's knowledge, understanding and skills in PE by making observations within lessons and by reviewing the skills demonstrated by learners at the end of each lesson. Outcomes from this assessment are then used to formatively re-shape the learning journey for individuals and whole classes as necessary. From this ongoing assessment, teachers make decisions to re-teach, consolidate or extend learning in the subsequent session. This may include teaching the same skill again, teaching a similar skill, adapting the skill or applying the skill.

Recording

Learning in PE is captured through photographs and videos or teacher notes from discussions or observations. These are stored in the school's shared area.

Reporting

Children's achievements in PE are formally shared with parents and carers annually, as part of their end of year report and informally through termly open door events and parent consultation appointments.

Policy into Practice

The following serves as a list of supporting documents and resources which support this policy in practice:

- PE Long Term Plan
- PE Progression Map